



SAY **NO** TO **DISCRIMINATION**

WHAT IS IT ABOUT?

"Say NO to discrimination" is an international project financed by the Erasmus+ program of the European Union.

The project consists of two activities; mobility of youth workers and youth exchange. In total, it includes 42 youth workers and young people from Slovenia, Poland, Italy, Greece and North Macedonia.



WHERE AND WHEN

The project took place in Maribor, Slovenia.

Mobility of youth workers: 27.9.2021 -
3.10.2021

Youth exchange: 10.5.2022 - 17.5.2022

The project participants gained a lot of new competences and skills for working with young people and experience working in an international environment.

For the first time, some young people gained the opportunity to independently organize and lead workshops and receive feedback to improve their work.

Organizations gained new knowledge, visibility and partners on the international market.



FUNDACIJA ŠTUDENTSKI TOLAR (SLOVENIA)

We strive to improve the social position of students and help them with various types of aid on their educational path.

Our core values are social justice, respect, and confidentiality of our clients – the students. We help them with financial helps, subsidizes courses, proofreading, Erasmus+ projects...



PROJECT PARTNERS

ELIOS (ITALY)

Association Elios is a non-profit organization based in Italy. Active since 2007 in the field of youth, volunteering, sport and active citizenship. We offer young people from the local environment participation in local and international projects.



IRSE (POLAND)

The mission of the IRSE is to promote a society that is open for diversity and has ability to use its potential.

Activities provide by IRSE are focused on three areas:

- intercultural education, anti discrimination, global education
- development of local communities
- human rights



NOVUS (NORTH MACEDONIA)

Association NOVUS Strumica is a non-profit and non-governmental organization which is working in the field of human rights, non-formal education, youth engagement and active citizenship. We are promoting transparent working of the authorities and the insitutions.

SOCIAL INCLUSION (GREECE)

Main purpose of organization is to offer services to disadvantaged groups that experience societal racism and fight against stigma. We are working on social dialogue, human rights, discrimination, gender equality, democracy, migration...



Maribor, September 2021



Maribor, May 2022

ELIOS (ITALY)

Giorgia, Giuseppe, Antonella,
Alessandro, Pier Ferdinando, Matteo



What new things did you learn today?

IT/

Abbiamo appreso nuovi vocaboli relativi ai contesti coinvolti nella recitazione. Abbiamo appreso attività di educazione non formale, tra cui improvvisazione. Abbiamo acquisito la consapevolezza che in una situazione simile non sapremmo come reagire di primo acchito.

EN/

We learnt new words related to discrimination and stereotypes. We also acquired new non formal education soft skills which we did not know prior to the sketches and thanks to the playroles we know now how to tackle discrimination.

Evaluation, 13.5.2022

How has today and the days to this day affected you?

The intercultural evenings allowed us to get to know better other traditions and cuisines.

The different playroles, pantomimes and sketches representing real life situations of discrimination have made us more aware of discrimination among us.



IRSE (POLAND)

Jagoda, Wiktorja, Zosia, Danila, Kamila



What is your general impression of today?

PL/

Bardzo pozytywne wrażenie, dowiedzieliśmy się więcej o sobie, to jest ciekawe ile mamy wspólnego z innymi ludźmi w Unii Europejskiej. Z drugiej strony bajki Świata pokazały nam jak duża jest spójność wartości w UE w stosunku do reszty Świata. W muzeum podobała nam się wizualizacja ćwiczenia, które samo w sobie ni było trudne, a dzięki temu był lepszy odbiór.

EN/

Generally we are very satisfied with the workshops, we got to know more about watch other. It is very interesting how much in common we have with other people in the European Union. On the other hand the tales of the world showed us how the values are similar in the EU in contradiction to the rest of the world. In the museum we loved the visualisation of the exercise, which wasn't very complicated on its own, and because of that we perceived it better.

What new things did you learn today?

We learned that everybody can make a change and we as people that took part in the theatre of the oppressed we have influence on the reality that surrounds us.



Evaluation, 12.5.2022

SOCIAL INCLUSION (GREECE)

Demi, Nancy, Eleftheria, Maria, Panagiota,
Georgios



What did you like most today? Why?

GR/

Μας άρεσε η δραστηριότητα με τη γέφυρα διότι παρουσίαζε δομημένες λύσεις σε κάθε πρόβλημα.

EN/

We liked the activity with the bridge of action because it provided a detailed solution to every problem.

Evaluation, 15.5.2022



NOVUS (NORTH MACEDONIA)

Ana, Nikol, Aleksandar, Iva, Boban, Kaltrina



How could you use the acquired knowledge for yourself, in the local environment?

МК/

Сценаријата кои ги направивме со форум театарот ги отсликуваа секојдневните проблеми и ситуации на дискриминација во нашите држави. Оттука преку различните сценарија кои ги направивме за секоја ситуација односно сценарија како може да се подобри ситуацијата, сфативме дека секој детал е важен кога сакаме да имаме мирно решавање на конфликти. Тенката линија помеѓу видовите на дискриминација, стереотипи, предрасуди и говорот на омраза многу често знаат да ескалираат и во криминал од омраза, а со форум театарот и дискусиите во првата сесија научивме како истите можеме да ги подобриме. Вештините стекнати преку денешните работилници можеме понатаму да ги користиме во секојдневниот живот за да ги промениме работите на подобро и да ја намалиме дискриминацијата во нашите заедници.

EN/

The scenarios we made with the forum theatre reflected the everyday problems and situations of discrimination in our countries. Hence, through the different scenarios that we have created for each situation, ie scenarios of how the situation can be improved, we realised that every detail is important when we want to have a peaceful resolution of conflicts. The thin line between the types of discrimination, stereotypes, prejudices and hate speech can often escalate into hate crime, and with the forum theatre and discussions in the first session we learned how we can improve them. The skills gained through today's workshops we can continue to use them in our everyday life to change things for the better and reduce discrimination in our communities.

Evaluation, 13.5.2022

FUNDACIJA ŠTUDENSKI TOLAR (SLOVENIJA)

Lea, Mija, Eva, Ina, Vita



What did you like most today? Why?

SI/

Največji vtis na nas je naredila razprava in vključevanje vseh mnenj, ker smo imeli priložnost videti in slišati različna mnenja in stališča. Močni argumenti lahko res veliko spremenijo, obenem pa se moramo zavedati, da imamo različna mnenja tudi zaradi različnih kultur, vzgoje, okolja. Zanimivo nam je delo drugih organizacij in spoprijemanje z diskriminacijo. Menimo, da lahko tuje dobre prakse uveljavljamo tudi pri nas.

Evaluation, 15.5.2022

EN/

We were most impressed by the discussion and inclusion of all opinions, as we had the opportunity to see and hear different opinions and viewpoints. Strong arguments can really change a lot, but at the same time we have to realize that we have different opinions also because of different cultures, upbringing, environment. We are interested in the work of other organizations and dealing with discrimination. We believe that foreign good practices can also be applied in our country.



CAMPAIGNS

NAME OF THE CAMPAIGN:
HEART - MORE

GOAL:

Tackling systemic racism against black people through theatrical workshops and campaigns in school with NGOs



CAMPAIGN DESCRIPTION

The campaign will take place in Bari, Cagliari, Taranto and Tortona (Turin). All of our organisations are involved in the frame of antidiscriminatory campaigns and we will involve immigrants of African geographical backgrounds in non formal education activities like playroles, pantomimes, sketches and informative campaign in schools.



It will impact black people letting them know that integration is possible when prejudices are overcome and that stereotypical ideas against black people by social media are not embraced by everyone else in the local community. On the contrary, the aim of our initiative is just to implement active citizenship in black people living in our local communities and to make them more integrated in the local communities.

ELIOS (ITALY)

Giorgia, Giuseppe, Antonella,
Alessandro, Pier Ferdinando, Matteo



CAMPAIGNS

NAME OF THE CAMPAIGN: ALL ARE EQUAL

GOAL:

The inclusion of Chechens into Polish society

CAMPAIGN DESCRIPTION

Education about Chechenian culture. We will conduct "HUMAN LIBRARY" event to raise awareness about their experiences of migration and exclusion.

Where? - Warsaw and other big cities in Poland.

Participants - Our organisation, members of the Chechen minority and everyone who wants to participate.

Materials - Posters, human "books", catalogue of at least 7 books to have a conversation with.

Effect - People will open their minds, increase empathy and understanding.

Based on a study from 2009 Chechens are the least liked minority group in Poland. They face discrimination based on their ethnicity and religion. We want to show Polish people that even if we are different from the migrants we have common ground, we should cooperate and respect each other.

IRSE (POLAND)

Jagoda, Wiktoria, Zosia, Danila, Kamila



CAMPAIGNS

NAME OF THE CAMPAIGN:

Όλες μαζί (OLES MAZI)

GOAL:

To eradicate violence/sexual violence against women

CAMPAIGN DESCRIPTION

It will be a one-day open conference in Athens and Thessaloniki for everyone to participate. There will be speeches from the members of our NGO and sexual assault victims sharing their story, petitions and brochures. We hope to move people and raise awareness on the issue.

There will also be a concert to gather more people.

SOCIAL INCLUSION (GREECE)

Demi, Nancy, Eleftheria, Maria, Panagiota,
Georgios



CAMPAIGNS

NAME OF THE CAMPAIGN:

See disABILITY

GOAL:

Generational changing of mindset about people with disabilities

CAMPAIGN DESCRIPTION

It will be held in Strumica (Macedonia), participants will be volunteers from Novus Association, up to 10 people.

Used materials: blind fold, wheelchair, random obstacles etc.

The expected effect is: make people see through and feel the basic difficulties on their skin, then reflect on future actions.

This activities will be instructed also for further use, to spread awareness in schools and other institutions.

NOVUS (NORTH MACEDONIA)

Ana, Nikol, Aleksandar, Iva, Boban, Kaltrina



We would like to thank all project partners for their perfect cooperation in working on the project.

We would like to thank the excellent youth workers and exchange participants for all their good work, cooperation, inspiration, ideas, desire for change, goodwill, optimism, companionship,...

We are happy to have done such a good job and we believe in good work in the future.



We would like to thank the Slovenian national agency MOVIT for help and support and the Erasmus+ program for making the project possible!



Together we can change the world for the better, each individual can do a lot for the well-being and acceptance of others, so say NO to discrimination.

